



## Akanksha Charitable Trust

### Annual Report

#### About ACT

To inspire and involve youth in service activities along with their self-development, to disseminate knowledge, encourage scientific temperament in rural school children, enhance the youth skills and potentials, and create hopes for a better life. the journey of Akanksha embarked with a group of friends who were motivated by the famous quote- "Knowledge never decreases by being shared " and therefore decided to share the knowledge amongst the needy students. Through Interactive Science sessions, counseling, and motivational talks by eminent personalities to the Rural Government school students, impACT-30 leadership tasks in 9 districts of Karnataka, various skill enhancement programs for youth, connecting 17,000+ youth/ students, opening up a Covid Help Centre during the pandemic, Akanksha is standing out of the crowd by finding true happiness coming from the effort of making others happy.

#### Report on the Activities

##### Major Highlights





## Akanksha Charitable Trust

### 1. Covid Help Centre

<b>Date</b>	08/05/2021
<b>Timings</b>	09:00 AM- 05:00 PM
<b>Beneficiaries</b>	70+ Applicants
<b>Description</b>	A Unique Initiative to help and fight the difficult time of COVID. It included services for the people of Dakshina Kannada <ul style="list-style-type: none"> <li>• Covid 19 Health Consultation</li> <li>• Covid 19 Information</li> <li>• Mental Health Care</li> <li>• Student Mentoring</li> <li>• Yoga &amp; Nutrition Guidance</li> </ul>



Akanksha Charitable Trust(R.), Puttur

#### "AKANKSHA HELP CENTRE"

We offer the following services for the people of Dakshina Kannada.

1. Covid-19 Health Consultation via calls
2. Information related to Covid-19
3. Mental Health Care
4. Student Educare (Mentoring)
5. Yoga and Nutrition Guidance

Helpline Timings: 9:00 AM -5:00 PM

Puttur & Bantwal

Sullia & Kadaba

9380886426 / 8075669954

9481711643 / 8970213908

Belthangady & Moodbidire

Mangalore

9980146954 / 9449758598

7975447938 / 9591625115

We are here to help YOU!  
Let's Fight Together



ಆಕಾಂಕ್ಷಾ ಚಾರಿಟೇಬಲ್ ಟ್ರಸ್ಟ್( ರಿ). ಪುತ್ತೂರು

#### 'ಆಕಾಂಕ್ಷಾ ಸಹಾಯವಾಣಿ'



ದಕ್ಷಿಣ ಕನ್ನಡ ಜನತೆಗೆ ಲಭ್ಯವಿರುವ ನಮ್ಮ ಸೇವೆಗಳು,

1. ಕೋವಿಡ್-19 ವೈದ್ಯಕೀಯ ಮಾಹಿತಿ
2. ಮನೋ ವೈದ್ಯಕೀಯ ಸೇವೆ
3. ಕೋವಿಡ್ ಬಗ್ಗೆಿನ ಮಾಹಿತಿ
4. ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಶಿಕ್ಷಣ ಮಾಹಿತಿ
5. ಯೋಗ ಮತ್ತು ಪೌಷ್ಟಿಕ ಆಹಾರ ಮಾಹಿತಿ

ಸುಳ್ಳು & ಕಡಲು

9481711643 & 8970213908

ಬೆಳ್ಳಂಗಡಿ & ಮೂಡುಬಿದ್ರಿ

9980146954 & 9449758598

ಬಂಟ್ವಾಳ & ಪುತ್ತೂರು

9380886426 & 8075669954

ಮಂಗಳೂರು

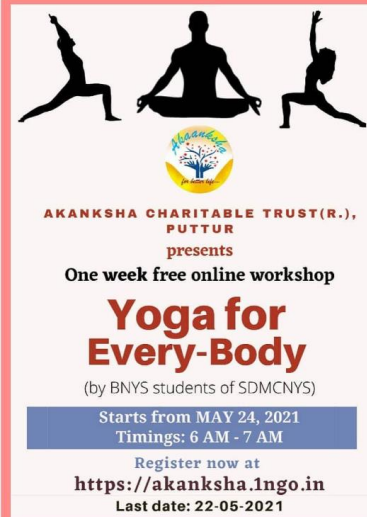
7975447938 & 9591625115

ಸಮಯ: 9:00 am – 5:00 pm

ನಿಮ್ಮ ನೆರವಿಗಾಗಿ ನಾವು  
ನಾವೆಲ್ಲರೂ ಒಟ್ಟಾಗಿ ಕೊರೊನಾದ ವಿರುದ್ಧ ಹೋರಾಡೋಣ

### 2. Yoga For Every Body

<b>Date</b>	24/05/2021- 30/05/2021
<b>Timings</b>	06:00 AM- 07:00 AM
<b>Beneficiaries</b>	50+ Applicants
<b>Description</b>	Considering the importance of both mental and physical health, a new initiative of a week's free online workshop on "YOGA FOR EVERY-BODY"



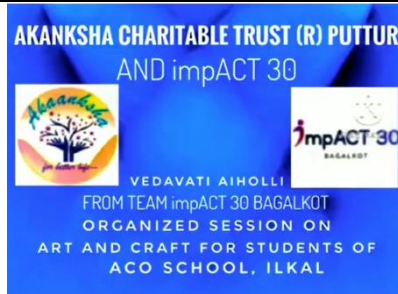
AKANKSHA CHARITABLE TRUST(R.),  
PUTTUR  
presents  
One week free online workshop  
**Yoga for  
Every-Body**  
(by BNYS students of SDMCNYS)  
Starts from MAY 24, 2021  
Timings: 6 AM - 7 AM  
Register now at  
<https://akanksha.Ingo.in>  
Last date: 22-05-2021



## Akanksha Charitable Trust

### 3. Impact 30

<b>Date</b>	19/05/2021- July 2021
<b>Timings</b>	Flexible Timings
<b>Beneficiaries</b>	100+ Students
<b>Description</b>	Impact 30 is an opportunity taken by various volunteers of ACT. Volunteers of Mysore, Belagavi, and Bagalkote take up Tasks like <ul style="list-style-type: none"> <li>• Leadership Task</li> <li>• Knowledge Exchange</li> <li>• SDG Hackathon</li> <li>• Virtual Awareness Campaign</li> <li>• Session on POCSO Act &amp; NDPS Act</li> </ul>



**SDG Hackathon**

impACT 30 students of Kodagu presenting their solutions on various global problems

Watch Live on **YOUTUBE**(Akanksha Trust)

**Akanksha CHARITABLE TRUST**

**impACT 30**

Time: 7:00 PM IST  
Date: 20-06-2021

**Akanksha CHARITABLE TRUST impACT 30**

presents

Live Interaction Session on POCSO Act and NDPS Act

**Guest Speaker**

**Shri. Harish Pandey, IPS**  
DCP, Bangalore South

Time: 11 AM      Date: 10-07-2021

Platform: ZOOM

<https://akanksha.org.in>

### 4. Arivu

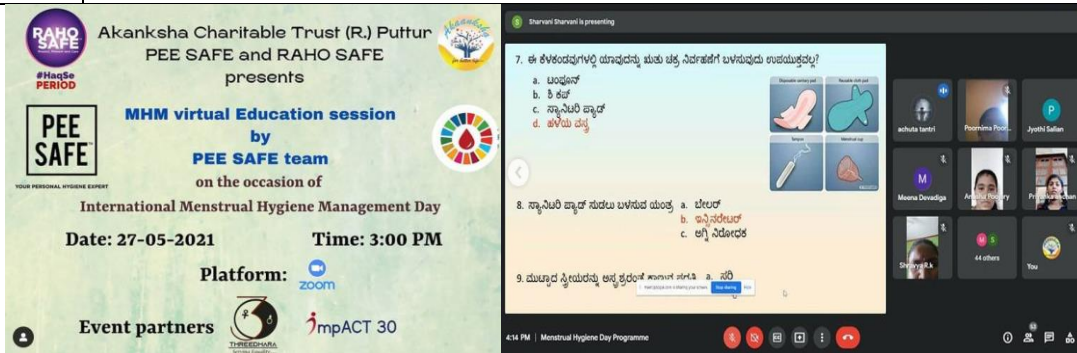
<b>Date</b>	26/05/2021- 02/06/2021
<b>Timings</b>	11:30 AM
<b>Beneficiaries</b>	70+ Students
<b>Description</b>	One Week Workshop named "Arivu" - for students of Government High School, Udupi



## Akanksha Charitable Trust

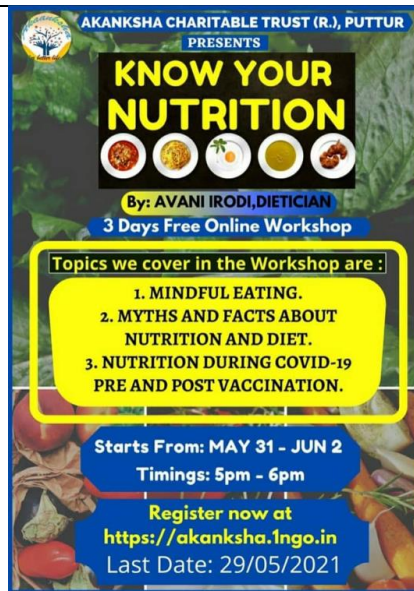
### 5. International Menstrual Hygiene Day

<b>Date</b>	27/05/2021
<b>Timings</b>	03:00 PM
<b>Beneficiaries</b>	70+ Students
<b>Description</b>	<ul style="list-style-type: none"> <li>Team ACT in association with Pee Safe, Raho Safe, Udupi District Panchayath, Department of Public health and Government pre-college (High school dept) organized an event "MHM Virtual Education session" on the Occasion of International Menstrual Hygiene Management Day.</li> <li>Virtual Quiz and Webinar sessions were conducted for high school girls students.</li> <li>The Quiz conducted by Sharvani and webinar by Varsha Shetty on Menstrual education</li> </ul>



### 6. Know your Nutrition

<b>Date</b>	31/05/2021- 02/06/2021
<b>Timings</b>	05:00 AM- 06:00 PM
<b>Beneficiaries</b>	50+ Students
<b>Description</b>	A 3 days online workshop by Avani Irodi, Dietitian on "Know Your Nutrition," consisted of topics like mindful eating, Myths and Facts about Nutrition, Nutrition required pre and post-vaccination etc.





## Akanksha Charitable Trust

### 7. Online Classes

<b>Date</b>	01/06/2021-30/06/2021
<b>Timings</b>	Full Day
<b>Beneficiaries</b>	100+ students
<b>Description</b>	One month Online Classes for Class 8 <sup>th</sup> , 9 <sup>th</sup> & 10 <sup>th</sup> Standard Students of Government High School, Udipi. Students had an excellent feedback on the classes by ACT Team.

### 8. Online Skill Enhancement Programme (OSEP) - 2021

<b>Date</b>	14/06/2021-21/06/2021
<b>Timings</b>	04:00 PM- 06:00 PM
<b>Beneficiaries</b>	50+ students
<b>Description</b>	<p>Akanksha presents a week's Online Skill Enhancement Programme 2021 for the students of Vivekananda College, Puttur. It instilled programs like</p> <ul style="list-style-type: none"> <li>• Session on Communication Skills by Ms. Spriha Srivastava</li> <li>• Session on Getting into Noblest Profession " by Prof. Guru Prasad Rao</li> <li>• Session on Effective E-mail writing by Ms. Vaishnavi L Rao</li> <li>• Session on Resume Writing by Mr. Sai Kiran Rai</li> <li>• Session on Personality Development by Mr. Sudhir Narayan, IDAS</li> <li>• Case Study Analysis</li> <li>• Session on Preparation for Corporate Interview by Mr. Ganesh Hegde.</li> </ul>

**Inauguration of one week  
Online Skill Enhancement Programme 2021**  
in the august presence of



**WATCH  
YouTubeLIVE!**  
on Akanksha Trust  
YouTube Channel

**Shri. Ashwath Hegde**  
Founder of Envigreen




**WATCH  
YouTubeLIVE!**  
on Akanksha Trust  
YouTube Channel

**Shri. Miralkrishna K N**  
Correspondent, Vivekananda Degree  
College, Puttur

**June 14, 2021 04:00 PM**  
Organized by




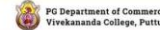

**Online Skill Enhancement Programme 2021**  
**Session on Personality Development**



**WATCH  
YouTubeLIVE!**  
on Akanksha Trust YouTube Channel

**June 19, 2021 03:00 PM**  
Organized by



**Mr. Sudhir Narayana, IDAS**, 1998 batch of Civil Services officer, and presently he works as a Controller (Research and Development), Ministry of Defence, Govt. of India. Have worked largely with the Defence Ministry, as Financial Adviser with the Navy, Air Force, Army, Ordnance Factories, and DRDO. Have also worked with the PMO, Ministries of IT and Electronics, and Surface Transport.





**CASE STUDY  
ANALYSIS**  
by **M.Com** students of  
Vivekananda College, Puttur

**WATCH  
YouTube  
LIVE**

**Date: 20-06-2021  
Time: 3:00 PM**  
organized by





## Akanksha Charitable Trust

### 9. GOYES 2021

<b>Date</b>	04/09/2021- 05/09/2021
<b>Timings</b>	05:00 PM- 10:00 PM
<b>Beneficiaries</b>	200+ Delegates
<b>Description</b>	<p>Akanksha presents the Global Online Youth Education Summit 2021 in association with Youth Opportunities &amp; Trisha Vidya College of Commerce &amp; Management, Katapadi.</p> <ul style="list-style-type: none"> <li>• Keynote Address: Srijan Pal Singh, Former advisor of Dr. A P J Abdul Kalam</li> <li>• Invited Speaker: Ms. Kathleen Naglee, Head of School, International School of Helsinki, Finland</li> <li>• Guest Speaker : Niranjan Dev Bharadwaj, Author &amp; Tedx Speaker</li> <li>• Guest Speaker: M.Saiham Hossain, Founder &amp; CEO, Connect Japan from Bangladesh</li> <li>• Delegate: Khoa from VietnamVN</li> <li>• Delegate: Carlos Olivera from Bolivia, South America</li> <li>• Delegate: Joanalyn Cadampog from the Philippines</li> <li>• Delegate: Haddy Joof</li> </ul>

**GLOBAL ONLINE YOUTH EDUCATION SUMMIT - 2021**

THEME:  
**QUALITY EDUCATION FOR ALL**

Date: September 4 & 5, 2021  
Time: 5:00 PM to 10:00 PM IST (GMT+5:30)

Organized by:  
**AKANKSHA CHARITABLE TRUST (R.)**

Outreach Partner: **YO** YOUTH OPPORTUNITIES

**REGISTER** <https://goyes.akanksha.tngo.in>

**GLOBAL ONLINE YOUTH EDUCATION SUMMIT - 2021**  
Date: 04-09-2021  
Time: 5:00 PM IST

**KEYNOTE SPEAKER**

**Srijan Pal Singh**  
Author, Scientist and Former Advisor to Dr. APJ Abdul Kalam

Srijan Pal Singh is an author, public speaker, education innovator and social entrepreneur. He is IIM-A Gold Medalist and had worked as Advisor to Dr. A.P.J. Abdul Kalam, the 11th President of India. Currently, he is the CEO and Co-Founder of Dr. A.P.J Abdul Kalam Centre, a non-profit organization working on integrated missions across multiple dimensions in an effort to continue on the vision and works of Dr. A.P.J. Abdul Kalam.

organized by **YO** **Akanksha** **Trisha**  
CHARITABLE TRUST

### 10. Mentorship Event

<b>Date</b>	7 days event
<b>Timings</b>	15 Mins Everday
<b>Beneficiaries</b>	100+ students
<b>Desxription</b>	A Mentoring Program was conducted in understanding the Career Counselling, Mentoring and guidance to students.



## Akanksha Charitable Trust

### 11. Granthamitra

<b>Date</b>	11/10/2021
<b>Timings</b>	10:30 AM
<b>Beneficiaries</b>	100+ Students
<b>Description</b>	<ul style="list-style-type: none"> <li>• ACT is very proud to announce that one of Akanksha's biggest projects 'GranthaMitra ' got inaugurated in Udupi on 11th October 2021 in the presence of Dr.Naveen Bhat IAS ( CEO, Zilla Panchayat Udupi ), CA Gopalakrishna Bhat( Founder, Trisha group of institutions), DDPI of Udupi, Gram Panchayat members, Akanksha and Trisha volunteers, staff and also students from nearby Government Schools. Smt. Uma Mahadevan IAS and Smt. Priyanka Francis IAS also gave their presence through the virtual platform.</li> <li>• 10 Libraries of Udupi will be turned into learning centers and 300+ kids of Udupi will get benefitted of this project "Grantha Mitra. " Along with members of ACT, 100+ volunteers will work for this unique project for three years.</li> <li>• These are conducted at Katapadi Grama Panchayath by Trisha Volunteers and Basur Grama Panchayath by MIT Kundapur Volunteers.</li> <li>• Activities: <ul style="list-style-type: none"> <li>• Sessions on Reading Skills.</li> <li>• Fun-filled activities</li> <li>• Sessions on Writing skills</li> <li>• Sessions on Relation-building</li> <li>• Foundation Classes</li> </ul> </li> </ul>





## Akanksha Charitable Trust

### 12. Skill Enhancement Programme

<b>Date</b>	06/12/2021-12/12/2021
<b>Timings</b>	03:00 PM
<b>Beneficiaries</b>	100+ students
<b>Description</b>	<ul style="list-style-type: none"> <li>Akanksha in association with the Department of Computer Science &amp; Vivekananda College of Arts, Science &amp; Commerce, Puttur organized a impactful Skill Enhancement Programme organized for BCA students.</li> <li>Sessions: Corporate Skills, SWOT Analysis, Communication Skills, Leadership Skills, Resume Writing, Career &amp; Social Media Skills.</li> </ul>



### 13. Prerana

<b>Date</b>	22/12/2021-23/12/2021
<b>Timings</b>	Full Day
<b>Beneficiaries</b>	100+ students
<b>Description</b>	<ul style="list-style-type: none"> <li>Akanksha in association with Narendra PU College, Puttur organized a 2 days workshop on Career Development for the students of Narendra PU college- "Prerana."</li> <li>Along with these sessions, Tasks were given.</li> <li>In this task, each team has proposed a smart Village project and through this activity they understood the real problems of the village. Moreover, students started to think out of the box.</li> </ul>







## Akanksha Charitable Trust

### 14. Belaku

<b>Date</b>	25/03/2021-26/03/2021
<b>Timings</b>	09:15 A4:3 PM
<b>Beneficiaries</b>	100+ students
<b>Description</b>	<ul style="list-style-type: none"><li>• Team ACT conducted two days workshop for the students of Vivekananda Kannada Medium School- "Belaku."</li><li>• Day 1 Sessions: Sessions on Skills, Mental Health, Science and Technology and the Exam Fear. Around 90 students were part of the event.</li><li>• Day 2 Sessions: Sessions on Career Counselling, Awareness on Social Media, Banking, How to read a book, Craft workshop.</li><li>• During these two days, all of the students were actively involved in all the activities.</li></ul>



### Conclusion

As NGOs play an increasingly significant role in promoting people-centred development activities at the grassroots as well as national and international levels. Akanksha Charitable Trust is known for its unique way of functioning. The team comes up with Different programs to cater to the needs of all standards of student groups. The Above Report consists of some of the Activities conducted in the year 2021-2022. This year, ACT could reach out to Global as well as local delegates by conducting various outstanding events. The Quest and exploration don't end here. ACT shall always strive to empower children and Youth by helping them to discover their true strengths, and unleash their full potential.